

Contours Express®

The Better Idea in Women's Gyms!™

Do you need to...

lose

15 lbs.- 100 lbs?

Tone & Shape?

Strengthen?



Contours Express Treats
Every "Body" Different
Because "Every Body" is
Different!

Stop in today for your **FREE**
FITNESS ANALYSIS!

We Use **REAL** Weights.
For **REAL** Results...Never Hydraulics

Contours Express Troy
1071 E. Long Lake
Long Lake Plaza
Troy, MI 48085
(248) 740-1332

Former State Probation/Parole
Officer
offers
State Employees

\$25 Enrollment and \$25 a month

FREE **Body Fat Analysis**

Valid with coupon only.

*Offer based on first visit enrollment with one year
agreement. Not valid with any other offer or discount.

THREE PERSONALIZED SESSIONS!

It's like having your own
personal trainer without the
expense!